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# The Weekend Win Sheet

*find the gap, then go close it*

You already know the weekend is where the work happens. This is the paper that makes you actually do it. Find what you don't know before the professor opens their mouth, walk in hunting for those answers, and lock them in before you leave the room.

## STEP 01 · WEEKEND

### Find the gaps

Run SQ3R on next week's material. Write down every question you cannot answer yet.

## STEP 02 · IN CLASS

### Close the gaps

Carry your gaps into the lecture. The professor answers them or you raise your hand.

## STEP 03 · AFTER CLASS

### Lock it in

Notes away. Three minutes. Write down everything you remember, from scratch.

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**Jakobi Davis**

Cornell Engineering · D1 Two-Year Captain · Dean's List

STUDENT.  
ATHLETE.  
HUMAN.

# How to run this

READ ONCE  
THEN PRINT

One pack per class, per week. The rhythm is always the same: **find the gaps on the weekend, close them in the lecture, lock them in before you leave the room.**

## 01 Weekend. Run SQ3R and find your gaps.

Pull up next week's material for one class: textbook sections, lecture slides, pre-recorded lectures, whatever your professor posted. Survey it, turn every heading into a question, then read only to answer those questions. Every question you **cannot** answer is a gap. Write it on Page 1. Do not try to fix them here. Finding them is the whole job.

## 02 Before class. Copy the gaps for that day.

Right before you walk in, pull out that day's lecture sheet and copy over the gaps that belong to it. Two minutes, tops. Now you know exactly what you are hunting for instead of hoping something sticks.

## 03 During class. Fill the right column.

Sit front row. When the professor hits one of your gaps, write the answer next to it. If they move past it and it is still blank, **raise your hand and ask**. That is what the column is for. A blank right column at the end of class is the only way to lose here.

## 04 Last three minutes. Everything closes.

Notes shut. Laptop shut. Phone gone. Flip to the recall page and write down every answer you remember plus anything else worth keeping. Whatever you cannot retrieve **is your gap for the weekend**. That is the loop closing.

### HOW TO PRINT IT

- **One Page 1 per class, per week.** That is your weekend gap dump for that class.
- **Three lecture sheets per class** in this pack, which covers a standard MWF or TR schedule. Print more if your class meets more.
- Each lecture sheet is **two pages back to back**: gaps and solutions on the front, active recall on the back. Print double-sided so you can flip it the second class ends.
- Stack it as: Page 1, then lecture sheet 1, 2, 3. Staple it. One class, one pack, one week.

### THE HONEST NOTE

You will not fill every line, especially the first few weeks. That is fine. **A half-finished sheet still beats walking into a lecture with nothing.** The goal is not a perfect page. It is walking in knowing what you are there for.

# Weekend Gap Finder

Run SQ3R on everything coming up next week for this class. Every question you cannot answer yet is a gap. **Write it down. Do not solve it here.**

CLASS

WEEK OF

CHAPTERS / TOPICS COVERED

## WHAT I PULLED FROM

- ☐ Textbook
 ☐ Lecture slides
 ☐ Pre-recorded lecture
 ☐ Syllabus / schedule
 ☐ Problem set
 ☐ Last exam
 ☐ Other

## SQ3R · WORK IT IN ORDER

**S**

SURVEY

**Q**

QUESTION

**R**

READ

**R**

RECITE

**R**

REVIEW

## MY KNOWLEDGE GAPS THIS WEEK

THE QUESTION I CANNOT ANSWER YET

WHICH DAY

01

02

03

04

05

06

07

08

09

10

11

12

## BEFORE YOU CLOSE THIS

Put a day next to every gap so you know which lecture it belongs to. **A gap with no day attached never gets closed.**

# In-Class Gap Closer

Copy today's gaps into the left column before you walk in. Fill the right column during the lecture. **If the professor moves past a gap and it is still blank, raise your hand.**

CLASS

DATE

TODAY'S TOPIC

GAP IN · SOLUTION OUT

| THE GAP I WALKED IN WITH | THE ANSWER I WALKED OUT WITH |
|--------------------------|------------------------------|
| 01                       |                              |
| 02                       |                              |
| 03                       |                              |
| 04                       |                              |
| 05                       |                              |
| 06                       |                              |
| 07                       |                              |
| 08                       |                              |
| 09                       |                              |
| 10                       |                              |
| 11                       |                              |
| 12                       |                              |

HOW I CLOSED THEM

☐ Professor covered it

☐ I raised my hand and asked

☐ Still open, taking it to the weekend

**DO NOT SKIP THIS**  
You cannot do office hours. You cannot stay late. **This lecture is your study session.** An unasked question costs you nothing today and everything on exam day.

Write down everything you remember from the lecture.

3:00  
MAX

Spend no more than three minutes. Retrieve it from scratch, not from your notes.

- Notes shut  
Nothing visible
- Laptop shut  
Screen down
- Phone gone  
Not face down
- Timer on  
Then stop

Lined area for writing notes.

THE LOOP CLOSURES HERE

Whatever you could not retrieve is not a failure. **It is your gap list for the weekend.** Carry it straight to your next weekend sheet and run it again.

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## Active Recall

**Write down everything you remember from the lecture.**

**3:00**

MAX

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Nothing visible

**Laptop shut**

Screen down

**Phone gone**

Not face down

**Timer on**

Then stop

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